



North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services
3001 Mail Service Center • Raleigh, North Carolina 27699-3001
Tel 919-733-7011 • Fax 919-508-0951

Michael F. Easley, Governor
Carmen Hooker Odom, Secretary

Michael Moseley, Director

May 21, 2007

To: LME Directors

From: Mike Moseley

A handwritten signature in black ink, appearing to read "Mike Moseley".

Re: State Funded Y-Codes for Use by Designated Non-Licensed Substance Abuse Professionals in Provision of Services to IPRS Substance Abuse Target Populations

In September 2006, a State payment mechanism was made available for LMEs to bill a new set of Y-Codes that could be utilized by designated non-licensed substance abuse professionals, for the provision of six (6) identified services that are concurrently classified under one of the H-Codes.

This policy was originally scheduled to be phased out on June 30, 2007. However, due to continuing concerns that have been expressed by LMEs and providers about the lack of availability of a sufficient workforce of Licensed Clinical Addictions Specialist (LCAS) and Certified Clinical Supervisor (CCS) professionals, the Division is extending the deadline through the end of SFY 07-08. **This exception will not be extended beyond June 30, 2008, and affected professionals should plan to transition to the delivery of the new comprehensive substance abuse services definitions.**

The designated non-licensed substance abuse professionals who are eligible to be reimbursed through state funded Y-Codes through 6/30/08 are as follows:

- a) an individual who holds a Certified Substance Abuse Certification (CSAC) through the North Carolina Substance Abuse Professional Practice Board; or
- b) a registered nurse who is licensed to practice in the State of North Carolina by the North Carolina Board of Nursing who also has four years of full-time accumulated experience serving substance abuse clients; or
- c) graduate of a college or university with a Masters degree in a human service field and has one year of full-time, post-graduate degree accumulated supervised experience in alcoholism and drug abuse counseling; or
- d) a graduate of a college or university with a bachelor's degree in a human service field and has two years of full-time, post-bachelor's degree accumulated experience in alcoholism and drug abuse counseling; or
- e) a graduate of a college or university with a bachelor's degree in a field other than human services and has four years of full-time, post-bachelor's degree accumulated experience in alcoholism and drug abuse counseling.

The above individuals are required to be registered or certified with the NC Substance Abuse Professional Practice Board and receiving supervision by a Certified Clinical Supervisor (CCS).



This option applies only to IPRS substance abuse target populations receiving enhanced benefit services. For providers who have access to a LCAS or CCS professional, these providers are required to continue to utilize the current H-Codes. The same IPRS edits, audits and rates will be in place for these Y-Codes as are currently in use with the comparable H-Codes.

The IPRS Y-Codes only for state billing and the comparable H-Codes are as follows:

	H-Codes for Medicaid and IPRS Billing Only by Licensed Professionals & CCSs Effective 9/20/06	Y-Codes for IPRS Only State Billing By DMH/DD/SAS Designated Non-Licensed Substance Abuse Professionals	Unit Reimbursement Rate
Alcohol and/or Drug Assessment-	H0001	YP830	\$15.40
Behavioral Health Counseling	H0004	YP831	\$22.00
Behavioral Health Counseling – Group Therapy	H0004HQ	YP832	\$8.11
Behavioral Health Counseling - Family Therapy with Client	H0004HR	YP833	\$22.00
Behavioral Health Counseling - Family Therapy without Client	H0004HS	YP834	\$22.00
Alcohol and/or Drug Group Counseling	H0005	YP835	\$5.68

Please be reminded that this option does not change posted Medicaid policy. Because this option involves state funds only, this will require LME management of state funds through its regular contracting, authorization, and monitoring processes. Questions in this matter may be directed to Starleen Scott Robbins at 919-715-2775 or Spencer Clark at 919-733-4670.

cc: Secretary Carmen Hooker Odom	SCFAC Chair
Dan Stewart	Sharnese Ransome
Mark Benton	Kory Goldsmith
DMH/DD/SAS Executive Leadership Team	Andrea Russo-Poole
DMH/DD/SAS Management Leadership Team	Regional Accountants
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The Coalition Chair	Brad Deen

